



PALMERSTON NORTH
PARENTS CENTRE
Where parenting is everything!

Play: Simple ways to have Fun with Baby



PARENTS AS FIRST TEACHERS
Ko Nga Matua Hei Kaiako Tuatahi

Presenter: Nola Fox

Date: 18th August 2011 10am-12pm

Venue: St Andrew's Church,
388 Broadway Avenue, PN.

Need some tips and ideas on how engage your 0-12 month old in play?

This seminar will engage parents and caregivers in the following:

- The importance of talking to baby; why it needs to happen and how it can be varied
- Books their value. Some simple ideas on how to make your own.
- Peek a boo games have a place; we will look at how this supports emotional attachment.
- The huge physical changes between 0 and 12 months and how playing alongside your baby supports this development.

Parents as First Teachers (PAFT) specialises in working alongside families so they realise their child's unlimited potential. We value the importance of a child's first 3 years of life and the huge impact a parent can have, as they are and will always be their child's first and most important teacher. Babies welcome; please advise on enrolment if you will be bringing bubs along.

N.B Bring a cushion or squab - you'll be down on the floor with your baby! The facilitator will be doing lots of hands on for everyone which she gives the theory behind the play!

About the Presenter: Nola Fox

Nola is one of a team of Parent Educators for Parents As First Teachers (PAFT), a programme which specialises in working alongside families with children aged 0-3 years.

Nola has 20 years experience working in the Early Childhood sector. As well as holding a Diploma in Adult Learning and Teaching she recently has completed her Diploma in Child Protection and Advocacy. She is passionate about good outcomes for children and how parents need information to enjoy and support their children's development.

Nola has an informal delivery style with lots of humour.

Free to Parent Centre members, \$10 per person for non-members

For more information or enrollments please either **contact Sarah Cameron on 06 329 8679**

or e-mail palm.nth@parentscentre.org.nz.