



Tinies to Tots

Three fun and informative sessions for parents of children aged 9 to 18 months

A course for parents of older babies

Fitting First Shoes

Learn how to identify correctly fitting shoes, allowing for protection, support and room for growth.

Caring for First Teeth

A qualified Dental Therapist will cover tooth development, caring for first teeth and preventing tooth decay.

Sleep

Sleep requirements of older babies, routines and transition from two to one daytime sleeps.

Child Development

How play can stimulate learning and development.

Environment and equipment safety.

Age appropriate toys, games and activities.

Nutrition

Moving on from baby food. Expected behavioral habits towards eating and maintaining good eating habits.

NUMBERS ARE LIMITED so ENROLL NOW to avoid disappointment

Day: Wednesday Evenings
Over 2 weeks

Time: 7.00pm to 9.30pm

Venue: Athol Syms Community Centre
11 Griffin Ave, Epsom, Auckland

Cost: \$40 Parents Centre Member - single
\$45 Parents Centre Member - couple
\$55 Non Member - single
\$60 Non Member - couple

BOOKINGS: Katie

Phone: 528 6134 or

Email: capc.bookings@gmail.com or

Complete the form below and post to:

Central Auckland Parents Centre
Tinies to Tots Course, PO Box 24-520,
Royal Oak, Auckland 1345

2011 COURSE DATES

11/18 May and 14/21 September

PARENTS CENTRE



Please register me for the Central Auckland Parents Centre *Tinies to Tots* Course

Name: _____ Membership Number: _____

Address: _____

Phone No.: _____ Email Address: _____

Course Date: May / September (please cross out one)

\$40 Parents Centre Member \$45 Parents Centre Member Couple \$55 Non Member \$60 Non Member Couple

Payment Method:

Send with your cheque to Central Auckland Parents Centre, Tinies to Tots Course, PO Box 24-520, Royal Oak, Auckland 1345

Internet banking: ASB Bank, Royal Oak, **12 3029 0310911 000** Reference: Surname and TtoT month